

# Nature Zentangle

Sometimes we can't get outdoors, but nature can still inspire us!

**1** Think of natural objects and creatures like:

- Flowers
- Leaves
- Acorns
- Butterflies
- Trees
- Bugs
- Anything you like!

**2** Draw their outlines on paper, leaving plenty of blank space inside.

**3** Now start doodling inside these nature shapes – fill up the space with your doodles!

## Now try:

Use doodles to connect your nature object outlines.

**Make a doodled Zentangle landscape!**

Cut out your filled-in nature shapes and hang them up like bunting!



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Activity created with

Coetir  
Anian



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# 'Zentangle' natur

Weithiau gallwn ni ddim mynd tu allan, ond gall natur parhau i'n hysbrydoli

1

Meddylia am wrthrychau naturiol a chreaduriaid fel:

Blodau

Dail

Mes

Pili – palod

Coed

Trychfilod

Unrhyw beth rwyf ti'n hoffi!

2

Darlunia eu amlinelliad ar bapur gan adael digon o le gwag tu fewn.

3

Nawr dechreua dwldo tu fewn y siapiau natur – llenwa'r gofod gyda'r dwlds!

## Nawr tria:

Defnyddia dwlds i gysylltu amlinelliad dy wrthrychau natur.

Creua dirlun 'Zentangle' gyda dwlds!

Torra dy siapiau natur allan a defnyddia nhw fel baneri!



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Gweithgaredd  
weddi' greu gan

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